

Macaulay Centres for Children EarlyON Child and Family Centre Program Calendar January 2024

Free inclusive programs for families, caregivers, and their children (newborn to age 6)

We are currently offering in-person programs and services as follows:

In-Person Programs: We are offering in-person programs for families with children from birth to 6 years of age.

Note: SPACES ARE LIMITED and **All** individuals, adults and children who are not feeling well or experiencing any symptoms of illness, they are advised to stay home.

One-on-One Parent/Caregiver Support Sessions: Our Child Development Consultants can assist you with any questions or concerns regarding your child's development or parenting/family challenges, and can provide you with information and referrals to local programs/services. To speak with one of our Child Development Consultants, please contact Eddie ewoo@macaulaycentres.org or (416) 789-7441 ext. 406; and/or Amahley at amayor@macaulaycentres.org or (416) 789-7441 ext. 405.

All drop-in programs are on a first come, first served basis and program times are subject to change.

Specialized PROGRAMS are Pre-registered ONLY; contact one of our Child Development Consultants listed above. For all **other Programs**, see the email links in each program description and/or contact one of our staff for more information.

We will be closed on Monday January 1 for New Years, and Annette Library will be closed on January 8-19.

We serve families across Toronto and in the following neighborhoods:

Dufferin Street EarlyON Child & Family Centre

2700 Dufferin Street Unit #55
M6B 4J3
Tel: (416) 783-7298 ext.408

Regent Street EarlyON Child & Family Centre

48 Regent Street
M6N 3N9
Tel: (416) 653-3270 ext.410

Dennis Public School EarlyON Child & Family Centre

400 Rockcliffe Blvd
M6N 4R8
Tel: (416) 789-7441 ext.404

Joyce Public School EarlyON Child & Family Centre

26 Joyce Parkway
M6B 2S9
Tel: (416) 789-7441 ext.406

Amesbury Community Centre

1507 Lawrence Ave W
M6L 1A8
Tel: (416) 789-7441 ext. 402

West Toronto Baptist Church

3049 Dundas Street West
M6P 1Z5
Tel: 416 789 7441 ext. 404

Jane Street Hub EarlyON Child & Family Centre

1541 Jane Street
M8Z 2L3
Tel: (416) 645-7575 ext. 6

Barbara Frum Toronto Public Library

20 Covington Road
M6A 3C1
Tel: (416) 789 7441 ext. 408

Falstaff Community Centre

50 Falstaff Ave
M6L 2C7
Tel: (416) 789-7441 ext.404

Annette Street Toronto Public Library

145 Annette Street
M6P 1P3
Tel: (416) 789 7441 ext. 404

Head Office

2010 Eglinton Ave West #400
M6E 2K3
Tel: (416) 789-7441 ext.405

If you have a disability and require extra support to participate, we may be able to help.
Contact us at (416) 789-7441 ext.400 or email Sumeya at smuhaba@macaulaycentres.org
A support person who accompanies someone with a disability is welcome.

In-Person Programs at 2700 Dufferin

Monday January 1-29 Closed on Jan 1	Tuesday January 2-30	Wednesday January 3-31	Thursday January 4-25	Friday January 5-26	Saturday January 6-27
Tagalog Time 10-12pm 0-6 years	Specialized Building Language *Registration Required* 10-12pm 0-4 years With Lea, Lina & Speech Starts on Jan 9	Toddler Time 10-12pm 1-2.5 years	Specialized Caring Moms Connect *Registration Required* 10-12pm 18-36 Months With Lea & Karen Starts on Jan 11	Play & Learn 10-12pm 0-6 years	Play & Learn 10-12pm 0-6 years
Baby and Me 2-4pm 0-12 months	Specialized Nobody's Perfect *Registration Required* 2-4pm 0-12 Months With Lea & Yousria Starts on Jan 9	Play & Learn 2-4pm 0-6 years	Specialized Extra Support Program *Registration Required* 2-4 pm 0-6 years With Lea & Lina		
Play & Learn 5:00-6:30pm 0-6 years					

In-Person Programs at Jane St Hub

Monday January 1-29 Closed on Jan 1	Tuesday January 2-30	Wednesday January 3-31	Thursday January 4-25	Friday January 5-26
Play & Learn 10-12pm 0-6 years	Play & Learn 10-12pm 0-6 years	Specialized Language Building *Registration Required* 10-12pm 0-4 years With Eddie & Speech Starts on Jan 17	Play & Learn (A focus on Black Children and Families) 10-12pm 0-6 years With Mickeco	Specialized Handle with Care *Registration Required* 10-12 pm 18 months -6 years With Eddie, Parmila, & Karen Starts Jan 19
Specialized Early Parenting (Focus on Black Children and Families) *Registration Required* 1:30-3:30 pm 0-12 months With Mickeco, Parmila & BBF	Play & Learn 2-4pm 0-6 years	Play & Learn 2-4pm 0-6 years	Specialized Extra Support Program *Registration Required* 2-4pm 0-6 years With Eddie and Parmila Starts on Jan 11	
			Supporting Young Families *Registration Required* 4-6 pm 0-6 years Starts TBD	

In-Person Programs at Head Office

Mondays January 1-29 Closed on Jan 1
Coping Strategies for Everyday Parenting Challenges 2-4 pm 0-6 years With Karen & Lea Starts on Jan 8 th

Virtual

Tuesday January 2-30 th
Triple P 6:30-8:30pm 0-6 years With Eddie & Theresa Starts Jan 16 th

West Toronto Baptist Church

West Toronto Baptist Church (Temporary Location) (Jan 8-19)
Play & Learn Wednesday 10:30 -12:30pm 0-6 years
Play & Learn Thursdays 1-4pm 0-6 years

In-Person Programs

Barbara Frum Library January 4 -26	Annette Library January 3-25 Relocated to West Toronto Baptist Church on Jan 8-19	Amesbury Community Centre January 2-26
Play & Learn On Thursdays 10-12pm 0-6 years	Play & Learn On Wednesdays 10:30-12:30pm 0-6 years	Play & Learn On Tuesdays 10-12pm 0-6 years Starts on Jan 9 th
Specialized First Steps to Communicate *Registration Required* On Fridays 10-12pm 1.5-6 years With Lea & Speech Starts on Jan 12	Play & Learn On Thursdays 1-4pm 0-6 years	Specialized Understanding Children's Behaviour *Registration Required* On Wednesdays 10-12pm 18-36 Months With Lea & Kristine Starts on Jan 10
		Movement & Play On Fridays 10-12pm 0-6 years Starts on Jan 12
Falstaff January 1-31 Closed on Mon Jan 1	Dennis January 2-30 th	Joyce January 1-30 th Closed Mon Jan 1 st
Play & Learn On Mondays 0-6 years 10-12pm Starts Jan 8 th	Play & Learn On Tuesdays 9:30-11:30am 0-6 years Starts on Jan 9 th	Play & Learn On Mondays 1-2:45pm 0-6 years Starts on Jan 8 th
Play & Learn (A Focus on Black Children and Families On Wednesdays) 10-12pm 0-6 years	Play & Learn On Thursdays 9:30-11:30am 0-6 years Starts on Jan 11 th	Specialized Learning School Routines *Registration Required* On Tuesdays 1-2:45pm 0-6 years With Eddie & Fabiola Starts on Jan 9 th
Play & Learn On Fridays 10-12pm 0-6 years Starts on Jan 12		

In-Person Programs at Regent St

Monday January 8-29 Closed on Jan 1	Tuesday January 2-30	Wednesday January 3-31	Thursday January 4-25	Friday January 5-26
Specialized Language Building *Registration Required* 10-12pm 0-4 years Starts on Jan 15 th	Play & Learn 10-12pm 0-6 years	Play & Learn 10-12pm 0-6 years	Play & Learn 10-12pm 1-2.5 years	Play & Learn Spanish Program 10-12pm 0-6 years
Specialized Extra Support Program *Registration Required* 2-4 pm 0-6 years With Eddie & Claudia Starts on Jan 15 th	Play & Learn 2-4pm 0-6 years	Play & Learn 2-4pm 0-6 years	Play & Learn 2-4pm 0-6 years	

Parent-Child Programs for All Ages (Birth to 6 Years)

Baby and Me

Parents and their babies can meet with other new parents in a relaxing, social environment. This program includes a variety of stimulating activities, informative chats. **For information about this program please email:**

fgrigoli@macaulaycentres.org

Toddler Time

This program provides an opportunity for parents and caregivers to support their toddlers' early learning. Families with their children will engage in a variety of activities which includes sensory, crafts, stories and songs. **For information about this program please email:**

fgrigoli@macaulaycentres.org

Play & Learn

This program is for parents, caregivers and their children to socialize with others in an interactive learning environment. Children will learn, explore, communicate and understand new concepts to help expand their knowledge through play-based and guided activities. This includes songs, rhymes, reading stories, along with gross and fine motor activities. **For information about this program please email:**

ymetwally@macaulaycentres.org

****At some locations, Tagalog and Spanish programs are offered****

Early Parenting Program

This Program provides information to Parents/ Caregivers regarding ways to keep children safe, make the most out of parenthood and build a secure attachment with their children. We also provide information on Child development and referrals to other community agencies. **To register in this program please email:**

ewoo@macaulaycentres.org

First Steps to Communicate

This program provides information to parents regarding strategies to support children with speech and communication challenges. The strategies include: how to modify communication with your child, listening and responding in a sensitive manner, using body language, gestures, and visual aids to support building language and communication. **For more information about this program please email:**

Amayor@macaulaycentres.org

Learning through Play (A focus on Black children & families)

This is a focused program that provides parents, caregivers and their children with an opportunity to learn about Black Culture and History through play-based guided activities. This includes songs, rhymes and reading stories. **For more information about this program please email:**

mclifford@macaulaycentres.org

Movement & Play

This is a fun and engaging program for parents/caregivers and children. Families and children will have the opportunity to engage in activities to help enhance developmental skills. Gross motor activities will be provided to encourage movement of the body. **For more information about this program please email:**

kanga-angan@macaulaycentres.org

Caring Moms Connect

This program is to support in making the most of motherhood and provide some ideas about the children they are raising. It provides an in-depth understanding of the important role of a mother, as a supportive partner, and ways to keep their child safe. **To register in this program please email:**

amayor@macaulaycentres.org

Coping Strategies for Everyday Parenting Challenges

During this workshop parents and caregivers will learn about anxiety, stress, and useful coping strategies to handle difficult situations effectively, uncomfortable emotions, and daily challenges when caring for children. **To register in this program please email:**

Amayor@macaulaycentres.org

Understanding Children's Behaviour (Parent/Caregiver workshop)

This program offers information on understanding children's behavior and effective strategies that promote positive behavior.

To register in this program please email:

Amayor@macaulaycentres.org

Handle with Care

This parent/caregiver program provides a strength-based approach to families that are encountering day-to-day challenges. We provide problem solving skills, parent coaching, and community resources that can help build parent-child relationships. **To register in this program please email:**

ewoo@macaulaycentres.org

Stepping Stones Triple P

This program aims at promoting positive adult-child relationships, encouraging positive behaviors, and teaching new skills and behaviors. **To register in this program please email:**

ewoo@macaulaycentres.org

Nobody's Perfect

This is a parenting program for Parents/Caregivers with children under the age of 6. The program aims at providing information about topics that help families navigate parenting. These topics include: supporting children's growth & learning, understanding children's feelings & behaviors as well as tips on how to handle common stresses of parenting. **For more information about this program please email:**

Amayor@macaulaycentres.org