

GET UP AND DANCE

You may have experienced music's ability to boost your mood and help reduce stress, but it's also a fun way to connect with your child! Take a look below for some fun activities for you and your child to enjoy the benefits of music at any age.

Make a Magic Flute

Materials:

Straws, child friendly scissors, tape

Directions:



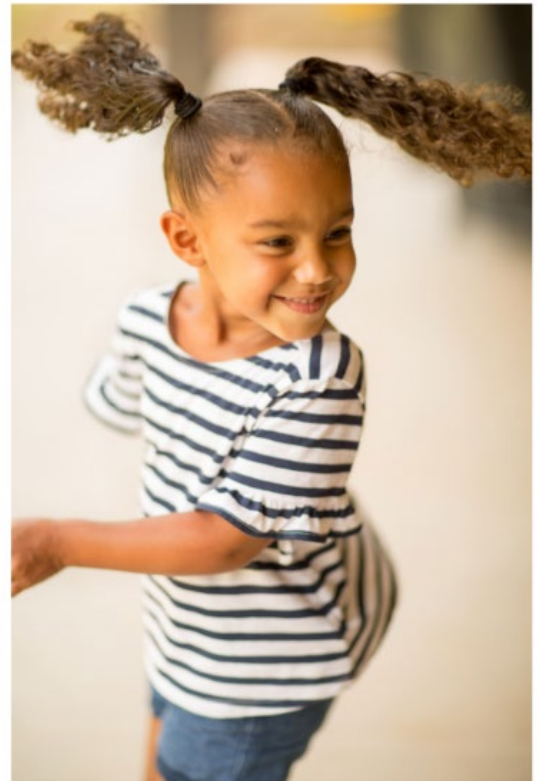
Take 5-6 straws and cut them in different lengths.

Lay a long piece of clear tape (sticky side up on the table).

Line up the straws on the tape from longest to shortest.

Wrap the tape around the straws.

Now your child can gently blow into the straws and make music!



WHAT WILL MY CHILD LEARN?

Your child will be using their fine motor and hand-eye coordination skills by using the scissors and taping the straws together to create a flute.

Your child will get to enhance their memory skills by playing/guessing tunes.

By creating their own instrument and making music, your child will develop their self-esteem and creativity.

Name That Tune

Play the tunes of your child's favourite nursery rhymes or other songs, by using the *Magic Flute* you made together. Then encourage your child to play a tune while you guess.

For an added challenge, set a timer for guessing the tune!