

Activities for Preschool Children

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Caterpillar Race	Cherry Blossom Tree	Musical Instruments	Rainbow Salt Art	Circle Art
Materials:	Materials:	Materials:	Materials:	Materials:
coloured paper	paint	empty water bottle(s)	• salt	a tray or plate
• scissors	• glue	coloured and or non-coloured	• paper	coloured paint
straws (reusable if you have)	paint brush	noise-making objects; buttons,	 small glass jars (baby food jars are 	 toilet paper roll or circular object;
origami skills	 canvas, construction or white 	paper clips, coins, pasta, peas,	good)	paper cup/ plastic glass
	paper	beans, rice, corn, beads, toothpicks,	coloured chalk	
Directions:	• scissors	buttons, etc.		Directions:
Please refer to the link below on how	coloured buttons	• tape	Directions:	1. Pour some paint onto a plate/tray.
you and your child can create the		You may make it a "nature" noise maker	1. Together with your child, pour a small	2. Your child can place one end of the
origami caterpillar step by step.	Directions:	if you are able to go for a walk and	amount of salt onto the paper.	paper roll into the paint one colour at
	1. On the canvas or paper, you or your	collect objects.	2. Picking one piece of coloured chalk at	a time
https://www.youtube.com/watch?v=IxE	child can use paint to draw a tree		a time, have your child roll the chalk	3. Dab the roll on the white paper.
hFgJ-Bjk	with branches. Let it dry.	<u>Directions:</u>	back and forth on the salt to get the	4. Have your child repeat using different
	2. Have your child glue the coloured	1. Together with your child, gather	desired colour.	colours to make their own design or
Then you and your child can have a	buttons on the branches to create	items for each bottle.	3. Hold the paper and pour the coloured	pattern.
caterpillar race!	your cherry blossom tree.	2. Place items into the bottle.	salt at an angle into the jar.	
		3. Close the bottle cap.	4. Repeat until the jar is full with all your	
DIY Caterpillar Race!	If you don't have coloured buttons you may	4. Tape around the cap to keep it	child's favourite colours.	
DIT Caterpillar Nace.	also try to use: finger prints and paint, cut	sealed.	The second secon	
	coloured paper	5. Your child then gets to shake or		
	into small circles,	explore items in the bottle.		
IETISDACE	cut white paper into small circles	R-R-D		000000000000000000000000000000000000000
LIL II J KAICE	and colour them,	明期期前局		
	use markers or	() 1 1 1 1 1 1		
	crayons to draw	ALC: I		
	the tree.			CHOOL

While we make every effort to create safe and engaging activities for children, please be mindful of the type and size of materials you provide your child.

Supervision is still required for all the activities and children should not be left unattended during these activities.