








# Activities for Toddler Children

May 18-22, 2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p align="center"><b>Light or Heavy</b></p> <p><u>Materials:</u></p> <ul style="list-style-type: none"> <li>• Items or toys around the home with different weight</li> <li>• 2 baskets</li> </ul> <p><u>Directions:</u> Place the items in front of your child. Ask them to pick up two items (one in each hand).</p> <p>You may have to help your child determine which items is heavy and which one is light.</p> <p>You can have two baskets to sort the heavy objects from the light objects.</p> 	<p align="center"><b>Ball Balancing</b></p> <p><u>Materials:</u></p> <ul style="list-style-type: none"> <li>• 3-5 toilet paper/paper towel cardboard tubes</li> <li>• Balls of various sizes</li> </ul> <p><u>Directions:</u> Stand the cardboard tubes upright. Show your child how to place a ball on the tube to see if it will balance or fall off. Describe what happens while your child is trying to balance the balls, “that ball is too big”, “this ball is falling off”, “let’s try again”.</p> <p><i>If using smaller sized balls please supervise your child as these items may be a choking hazard.</i></p> 	<p align="center"><b>Jump Up</b></p> <p><u>Materials:</u></p> <ul style="list-style-type: none"> <li>• Tape (green painters tape is ideal)</li> </ul> <p><u>Directions:</u> Place pieces of tape onto the floor. Encourage and show your child how to jump over each piece of tape/line.</p> <p>This will support your child’s gross motor skills and co-ordination. You can also try counting the lines your child jumps over and remember to join in the fun as well!</p> 	<p align="center"><b>Cup Catch</b></p> <p><u>Materials:</u></p> <ul style="list-style-type: none"> <li>• 3-5 pairs of socks with various colours or designs</li> </ul> <p><u>Directions:</u> Spread the socks in front of your child. Show them how to match the socks by colour or design.</p> <p>Use descriptive words to help your child understand how the socks match. For example, “look, two red socks” or “these socks have stripes”.</p> 	<p align="center"><b>Pipe Cleaner Pull</b></p> <p><u>Materials:</u></p> <ul style="list-style-type: none"> <li>• 5-10 Pipe cleaners</li> <li>• Box or container</li> </ul> <p><u>Directions:</u> Poke holes into the box or container and place the pipe cleaners half way through the holes.</p> <p>Allow your child to pull and push the pipe cleaners through the holes.</p> <p>To create a more challenging activity, have your child use small kitchen tongs or clothes pins to push and pull the pipe cleaners through the holes.</p> 

*While we make every effort to create safe and engaging activities for children, please be mindful of the type and size of materials you provide your child. Supervision is still required for all the activities and children should not be left unattended during these activities.*