








| MONDAY   | TUESDAY   | WEDNESDAY   | THURSDAY   | FRIDAY   |
|--|---|---|--|--|
| <p align="center"><b>Limbo Fun Game</b><br/><b>(with "Limbo music")</b></p> <p><u>Materials:</u></p> <ul style="list-style-type: none"> <li>• A long rope, string or thin/long scarf (you can use what's available at home)</li> <li>• Music (Limbo music)</li> </ul> <p><u>Directions:</u></p> <ol style="list-style-type: none"> <li>1. Two people hold either end of the string or scarf at chest height. You can also or tie one end of the string to a door knob if there is only one adult.</li> <li>2. Hold the string in cupped hands, so it will fall easily if touched (*Safety Tip).</li> <li>3. Play some music and encourage your child to going under the stick without touching the stick. They can move in various ways to go underneath.</li> </ol>  | <p align="center"><b>Scoop and Rescue</b></p> <p><u>Materials:</u></p> <ul style="list-style-type: none"> <li>• Small toy animals</li> <li>• Small strainer (or you can use a plastic cup with holes poked in the bottom)</li> <li>• Bowl or bin</li> <li>• Water</li> <li>• Dishwashing soap</li> <li>• Towel</li> </ul> <p><u>Directions:</u></p> <ol style="list-style-type: none"> <li>1. Gather all materials and invite your child to put all materials inside the bin.</li> <li>2. Spread a dry towel on the table or floor.</li> <li>3. Put water in the bin, add a little bit of liquid soap and put toy animals inside.</li> <li>4. Give your child different size scoops to rescue animals in the water.</li> </ol>  | <p align="center"><b>Build a fort</b></p> <p><u>Materials:</u></p> <ul style="list-style-type: none"> <li>• Couch cushions</li> <li>• Chairs (parent supervision)</li> <li>• Blanket</li> <li>• Soft Pillows</li> </ul> <p><u>Directions:</u></p> <ol style="list-style-type: none"> <li>1. Gather as many pillows and cushions as possible.</li> <li>2. Parent supervision is required to select the two chairs with a blanket over top is always a good idea (see above image).</li> <li>3. Use cushions to build the wall of the fort. Then put soft squishy pillows inside the fort.</li> <li>4. Bring games, books, and other types of entertainment. Invite the family into and have play a game together.</li> </ol>  | <p align="center"><b>DIY walkie-talkie</b></p> <p><u>Materials:</u></p> <ul style="list-style-type: none"> <li>• Small juice boxes</li> <li>• Plastic straw (or use a rolled piece of foil for an antenna)</li> <li>• Paper or plastic cups</li> <li>• Strings</li> <li>• Markers, crayons, paints</li> </ul> <p><u>Directions:</u></p> <ol style="list-style-type: none"> <li>1. Encourage your child to decorate the juice box and the parent/guardian write numbers.</li> <li>2. Insert a rolled colored paper for antenna (for walkie-talkie).</li> <li>3. Pretend you're calling your child and he/she's answering the walkie-talkie.</li> </ol>  <p align="center">Make a Paper Cup Phone</p> | <p align="center"><b>Straws in the bottle</b></p> <p><u>Materials:</u></p> <ul style="list-style-type: none"> <li>• Empty plastic water bottle</li> <li>• Straws (any straw you might have available at home)</li> </ul> <p><u>Directions:</u></p> <ol style="list-style-type: none"> <li>1. Prepare all the materials.</li> <li>2. Give your child an empty plastic bottle and straws.</li> <li>3. Encourage him/her to put all the straws inside, count them one by one.</li> <li>4. Empty the bottle and fill the bottle again.</li> </ol>  |

*While we make every effort to create safe and engaging activities for children, please be mindful of the type and size of materials you provide your child. Supervision is still required for all the activities and children should not be left unattended during these activities.*