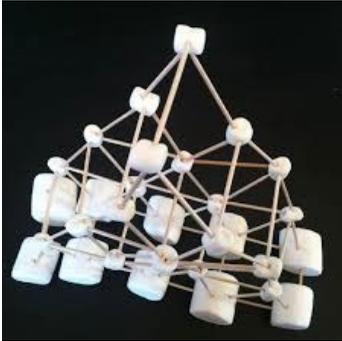




Activities for School Age Children

May 18-22, 2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p align="center">Marshmallow Structure</p> <p><u>Materials:</u> Marshmallows, skewers or toothpicks</p> <p><u>Directions:</u> Use the skewers or toothpicks to connect the marshmallows to build a structure.</p> <p><i>How strong is your structure? Can it hold up a book?</i></p> <p><i>For an added challenge, try using various base shapes on your structure such as, square, triangular or rectangular. Which shape is stronger?</i></p> 	<p align="center">Photography Guessing Game</p> <p><u>Materials:</u> Parents be brave, and hand over your phone or your camera to your child and let them have a shot at taking a shot! This is a game for you and your child.</p> <p><u>Directions:</u> Go on a photo walk either outdoors or around your home and take turns with other family members, taking photos of objects, both 'close up' and 'far away'. Make this activity into a game by sharing your close up photos after they are taken, and then seeing if the other person can guess what it is. After guessing, reveal the far away shot with the 'answer'.</p> 	<p align="center">Vitamin C Smoothie</p> <p><u>Ingredients:</u> Oranges, banana, pineapple, mango, plain Greek yogurt, honey (optional ingredient), and ice <i>This smoothie is loaded with vitamin C and probiotics that will boost the immune system.</i></p> <p><u>Directions:</u></p> <ol style="list-style-type: none"> 1. Clean and cut all the fruits. 2. Place all the ingredients into a blender. 3. Turn the blender on high for 1-2 minutes (or desired texture). Adult assistance may be required. 4. Pour into cups and enjoy! 	<p align="center">Leak-Proof Bag Experiment</p> <p><u>Materials:</u> A Ziploc sandwich bag, a few sharpened pencils/pencil crayons, water</p> <p><u>Directions:</u> Fill the plastic bag with water about two-thirds full and close it tightly. One person needs to hold the bag of water while your child pokes the pencils/ pencil crayons through the bag.</p> <p><i>Question: Why can you put a pencil through a bag and no water spills out of the holes?</i></p> 	<p align="center">Minute to Win it Game</p> <p><u>Materials:</u> 2 or more stacks of plastic coloured cups (15 or more cups per stack), balloons</p> <p><u>Directions:</u> Line up your cups at the edge of the table. Take a balloon and blow it up and much as you can. Use the air from the balloon to knock the cups off the table. Whoever knocks them all off the table first, wins.</p> 

While we make every effort to create safe and engaging activities for children, please be mindful of the type and size of materials you provide your child. Supervision is still required for all the activities and children should not be left unattended during these activities.