

Activities for School Age Children

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|---|---|--|
| Marble Maze | Basketball Pong | Healthy Pops | Ring Toss | Bowling |
| Cardboard or bristol board, glue, tape, straws, marble, construction paper, scissors Directions: Cut out a rectangle shape for the base of the marble maze using cardboard. Measure the length and width of the rectangle base. Cut out two cardboard strips each using the length and width of the rectangle base. Cut out a hole on one of the short strips. Tape them to each side of the base. Cut out straws in different lengths. Plan out the placement of the straws by placing them while making sure the marble could fit through. Glue the straws on the base of the marble maze Make Your Own MARBLE MAZE | Materials: Cups, ping pong balls, cardboard, paint, markers, tape/hot glue Directions: Cut out a large cardboard rectangle and paint it using your colour of choice. Once the paint is dry, draw the backboards with points using a marker as shown in the picture. Decorate the cups by painting or adding features of choice. Tape or hot glue the cups under each backboard. Place the finished board against a wall or on the floor or table and play mini basketball! | Ingredients: Paper cups, yogurt of choice, fresh fruit of choice, granola, popsicle sticks Directions: Wash the fruits of choice well and cut the fruit into small pieces. Fill the bottom of the cup with a layer of yogurt. Add a layer of fruit and a layer of yogurt. Add granola and fill to the top of the cup with yogurt. Place the popsicle stick in the middle of the cup. Place the cup in the freezer for few hours and slide the popsicle out or rip the cup off. Enjoy your healthy pop! | Place them on the platform/push the pencils into the top of the cardboard | Materials: 6 or 10 water bottles, paint, rice/sand, tape/hot glue, balls (soccer, bouncy ball) Directions: Pour different colour paint into 6 or 10 empty water bottles and shake it well with the caps on. Then, let them dry with caps off. Once dry, add rice/sand to the bottom of the water bottles. Hot glue the caps to the bottles (optional) or close them tight with tape. Place the water bottles as shown in the picture. Increase the difficulty by releasing the ball of choice at longer distances. Enjoy bowling at home! |

While we make every effort to create safe and engaging activities for children, please be mindful of the type and size of materials you provide your child.

Supervision is still required for all the activities and children should not be left unattended during these activities.