



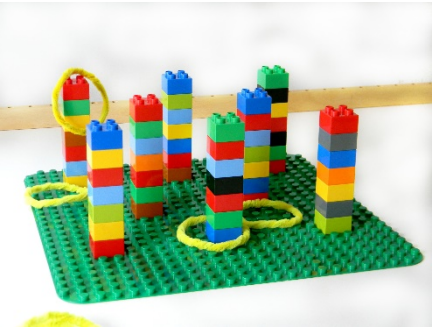




Activities for Preschool Children

May 4-8, 2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Wookie Cookies</p>  <p><u>Ingredients:</u> 2 1/4 cups flour, 1 tsp baking soda, 1 tsp salt, 1 tsp cinnamon, 1 cup butter at room temperature, 1 cup packed brown sugar, 1/2 cup granulated sugar, 2 large eggs 1 1/2 tsp vanilla extract, 2 cups of chocolate chips</p> <p><u>Directions:</u> Preheat the oven to 375°F. Together with your child, put the flour, baking soda, salt, and cinnamon in a mixing bowl. Stir with the wooden spoon until well mixed. It may take longer with a wooden spoon, but it allows your child to help more. Put the butter, brown sugar, and granulated sugar in another mixing bowl. Mix together until well blended and creamy, about 3 minutes. Add in the eggs and vanilla extract and mix some more. Add the flour mixture and stir until blended then stir in the chocolate chips. Scoop up a tablespoonful of the dough and drop onto a baking sheet. Be sure to leave about 1 inch between the cookies because they spread as they bake. Adults, using pot holders, put the baking sheets in the oven. Bake until golden brown, about 10 minutes. Adults, using pot holders, remove the baking sheets from the oven and let them cool completely. Enjoy!</p>	<p>Wet Chalk Art</p> <p><u>Materials:</u> Coloured chalk, water and paper (black if you have it)</p> <p><u>Directions:</u> Start with a shallow dish of water and dip just the tip of the chalk into it. Immediately draw on the black paper. The chalk will go on smoothly and be almost a little slippery. The colour will be more vibrant and more opaque than if it were dry. Continue to dip the chalk so it stays wet.</p> <p>The really awesome part of this process is the layering and blending of colours that's possible with the wet chalk.</p>  <p>Encourage your child to layer colours next to each other and on top of each other.</p>	<p>Plastic Bottle Bubble Snake</p> <p><u>Materials:</u> Plastic bottle, scissors, a sock, water, dish soap and a plastic dish.</p> <p><u>Directions:</u> Using a pair of scissors cut off the bottom of the water bottle. Have your child slide the sock over the open end of the water bottle. If the socks are too big to fit tightly over the bottle, you can hold them in place with an elastic or some tape. In a small container, children can mix some dish soap with a small amount of water until you get a good bubble consistency. Now your child is ready to dip the end of the bottle and sock into the bubble solution. Show your child how to blow on the mouth piece of the bottle to make the bubbles. The harder you blow, the better your bubbles will turn out. Blowing hard will make a <i>snake</i>.</p> 	<p>Button Sorting and Classification</p> <p><u>Materials:</u> A variety of buttons</p> <p><u>Directions:</u> Using a variety of buttons, sort them by colour, shape and size.</p>  <p><u>Key questions to ask your child:</u></p> <p><i>Can you sort the buttons into groups?</i></p> <p><i>What do the buttons in each group have in common?</i></p> <p><i>Can you sort them into smaller groups?</i></p> <p><i>Can you sort them in other ways?</i></p>	<p>Ring Toss</p> <p><u>Materials:</u> Stacking blocks (e.g., LEGO Duplo blocks) and pipe cleaners</p> <p><u>Directions:</u> Create some block towers. They can be all the same size or different heights. The pipe cleaner rings can be made by twisting the ends together.</p> <p>You can make the game more challenging by making the pipe cleaner rings smaller making the towers wider with more blocks!</p> 

While we make every effort to create safe and engaging activities for children, please be mindful of the type and size of materials you provide your child. Supervision is still required for all the activities and children should not be left unattended during these activities.