



Activities for Infants

May 4-8, 2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p style="text-align: center;">Indoor Basketball</p> <p><u>Materials:</u></p> <ol style="list-style-type: none"> 1. Laundry basket or large container 2. Toy balls or use rolled up pairs of socks <p><u>Directions:</u> Place the basket against the wall or in the middle of the room. Have your child stand away from the basket. Give your child one ball at a time and encourage them to throw the ball into the basket. When all the balls are thrown, have them walk/run/crawl to collect all the balls from the basket. This activity will help develop their eye-hand coordination and their fine and gross motor skills.</p> 	<p style="text-align: center;">Treasure Box</p> <p><u>Materials:</u></p> <ol style="list-style-type: none"> 1. A box or basket 2. Baby-safe household items of different textures, shapes and sizes (e.g., rolled up socks, whisk, pinecones) <p><u>Directions:</u> Walk around your house and find interesting items. Place the items in the box/basket and then place it in front of your child. Allow your child to explore the items in the box/basket while you supervise. Remember to describe how the objects feel while your child is touching and holding the items (e.g., bumpy, soft, smooth, hard, rough, etc.)</p> 	<p style="text-align: center;">Water Play</p> <p><u>Materials:</u></p> <ol style="list-style-type: none"> 1. Container with water 2. Different toys or household items (e.g., plastic cups, spoons, toy animals or blocks,) <p><u>Directions:</u> Place a towel on the floor or the area where your child will be doing this activity. Fill the container with a small/shallow amount of water and place on top of the towel so it is at your child's level. Allow your child to explore the different items in the water and to splash around.</p> 	<p style="text-align: center;">Let us Cook</p> <p><u>Materials:</u></p> <ol style="list-style-type: none"> 1. Bowls 2. Whisk 3. Spoon 4. Steamed carrots/peas <p><u>Directions:</u> Place the bowls, spoon, whisk and steamed vegetables on a tray (this could be a highchair tray as well). Babies like to imitate adult actions, show your child how you can scoop food with the spoon and place it into a bowl. Through this activity, your child will develop their fine motor skills and eye-hand coordination. They will also learn to scoop and feed themselves independently.</p> 	<p style="text-align: center;">Stomping with Animals</p> <p><u>Materials:</u></p> <ol style="list-style-type: none"> 1. Small animal toys such as, sea creatures, dinosaurs, farm animals 2. Paper towel 3. Washable paint 4. Tray for paint (can also use piece of aluminum foil or other flat plastic recyclable container) <p><u>Directions:</u> Sit close to your child at their eye level. Take a small amount of paint and place it in on the tray. Encourage your baby to hold the animal, dip it into the paint, and then stamp it onto the paper towel to create animal print marks. This activity will develop your child's fine motor skills (palmar grasp) and tactile exploration while touching the paint.</p> 

While we make every effort to create safe and engaging activities for children, please be mindful of the type and size of materials you provide your child. Supervision is still required for all the activities and children should not be left unattended during these activities.