








Activities for Infant Children

May 18-22, 2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p align="center">Sensory Hula Hoop</p> <p><u>Materials:</u></p> <ul style="list-style-type: none"> • Hula hoop/Circular Item • Fabrics, 3D materials/rattles/infant safe toys, loofa, ribbon scraps, yarn <p><u>Directions:</u> Start by wrapping the yarn around the hula hoop. Continue to add the fabrics, ribbon and other 3D materials and use the yarn to secure them.</p> <p>Place your baby in the middle of the hula hoop and allow them to explore each object and enhance your baby's fine motor skills. This activity is a great tummy time activity!</p> <p><i>We recommend supervising your child while playing with the sensory hula hoop and make sure that there are no small items that could be a choking hazard.</i></p> 	<p align="center">Apple Picking</p> <p><u>Materials:</u></p> <ul style="list-style-type: none"> • 4-6 Apples • Green painters tape • Basket/Bucket <p><u>Directions:</u> Use tape to create a shape of a tree on the floor. Add an apple on each branch. Have your infant crawl/walk to pick up each apple and place them inside the basket. This activity is a great gross motor activity!</p> 	<p align="center">Star Gazing Box</p> <p><u>Materials:</u></p> <ul style="list-style-type: none"> • Large box • LED lights (e.g., holiday string lights) • Scissors <p><u>Directions:</u> Cut holes in the box, large enough to poke the LED lights through. Weave the lights in and out of the box creating a "Star Gazing" atmosphere. This activity is a great tummy time activity and a calming activity as well.</p> 	<p align="center">Tissue Paper Kicking</p> <p><u>Materials:</u></p> <ul style="list-style-type: none"> • Tissue paper or other "noisy" material • Blanket <p><u>Directions:</u> Place your infant on their back. Cover the tissue paper with a blanket and place underneath your child's feet. You may also place the tissue paper up against a wall or leaning on the sofa (see picture below).</p> <p>Encourage or model kicking and tapping the blanket to make the tissue paper or other material create a noise.</p> 	<p align="center">DIY Pull Up Bar</p> <p><u>Materials:</u></p> <ul style="list-style-type: none"> • PVC Pipes cut into various pieces (2 pieces of 24", 4 pieces of 12", 2 pieces of 14" and 4 pieces of 7") • Duck Tape • 4 Elbow joints • 4 T joints • 4 end caps <p><u>Directions:</u></p> <ol style="list-style-type: none"> 1. Attach the "T" joints to the 14" pieces 2. Attach the end caps onto the 7" pieces 3. Connect the 7" pieces to the other side of the "T" joints 4. Add the 12" pieces into the third opening of the "T" joint 5. Attach the 24" pieces to connect all together <p>Once all the pieces are connected, attach ribbons or other materials to encourage your infant to use the pull up bar!</p> 

While we make every effort to create safe and engaging activities for children, please be mindful of the type and size of materials you provide your child.

Supervision is still required for all the activities and children should not be left unattended during these activities.