








MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p align="center">Homemade Shakers</p> <p><u>Materials:</u></p> <ol style="list-style-type: none"> 1. Empty water bottle 2. Beans <p><u>Directions:</u></p> <p>To make these shakers, you will need to save some water bottles. Rinse out the bottles and let them dry out without the lid (save the lids).</p> <p>Add some beans, or rice inside the bottle to make it a shaker. Ensure bottle is tightly closed as beans are hazard for choking. Tape or glue lid shut once material is inside.</p> <p>Once you are done, let your child shake the bottle!</p> 	<p align="center">Ring Toss Game</p> <p><u>Materials:</u></p> <ol style="list-style-type: none"> 1. Paper Plate 2. Empty Paper Towel Roll 3. Scissors, sticky tape <p><u>Directions:</u></p> <p>Cut the centre from paper plates to use as your 'rings'.</p> <p>To make the stand, cut slits in the bottom of the cardboard tube and flatten the ends, then tape it to the reverse side of a plate so it will stand up.</p> <p>Now it's time to play! Guide your child how to toss the rings towards the paper towel roll.</p> 	<p align="center">Homemade Sensory Jelly</p> <p><u>Materials:</u></p> <ol style="list-style-type: none"> 1. Saucepot/stir spoon 2. 3 tbsp sugar 3. ½ tsp salt 4. ½ cup cornstarch 5. 2 cups water 6. Food colouring (optional) 7. Vanilla Extract (optional) <p><u>Directions:</u></p> <p>Combine water, salt, sugar, and cornstarch in a saucepan over low or medium heat until mixture thickens. Pour into one or more containers. Add food colouring/extract if using.</p> <p>Allow to cool and have fun!</p> 	<p align="center">Bubble Party</p> <p><u>Materials:</u></p> <p>Large cup 1/2 cup dish soap 1 1/2 cups water 2 teaspoons sugar</p> <p><u>Directions:</u></p> <p>Mix the sugar with warm water and then add dish soap.</p> <p>If a bubble wand is not available, use a pipe cleaner and popsicle stick or a straw to make a wand to blow bubbles.</p> <p>Blow bubbles and get your child to catch and pop them.</p> 	<p align="center">Ice Cubes And Muffin Tins</p> <p><u>Materials:</u></p> <ol style="list-style-type: none"> 1. Ice cubes 2. Muffin tins <p><u>Directions:</u></p> <p>Freeze some ice cubes overnight. Add food coloring (optional). Place ice cubes inside a bowl and place muffin tin and bowl of ice on a towel.</p> <p>Invite your child to come play.</p> <p>Use words like "cold" and "ice" as you show your child how to place the ice cubes into the muffin tins.</p> 

While we make every effort to create safe and engaging activities for children, please be mindful of the type and size of materials you provide your child. Supervision is still required for all the activities and children should not be left unattended during these activities.