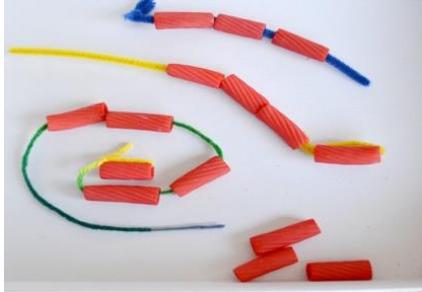




# Activities for Toddler Children

April 13, 2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>Flesh Tone Playdough</b></p> <p>Mix 1 cup of flour with 2 teaspoons of cream of tartar and 1/3 cup of salt.</p> <p>Put these ingredients in a bowl and allow your child to use their hands to help you mix. Add skin tone spices such as cocoa powder, turmeric, curry powder to replicate skin tone. Add in 1 tablespoon of oil and 2 cups of warm water and mix all the ingredients together.</p> <p>Using the playdough, ask your child to create sculptures of family members or friends that they miss!</p> 	<p><b>Lacing Fun</b></p> <p>Using cheerios or uncooked pasta, have your child string these items onto a shoe lace or string. Create a pattern using these items. For added fun, add food colouring to these items to create a bracelet.</p> <p>This activity will support their fine motor abilities, their problem solving skills as they figure out how to put the string into the hole.</p> 	<p><b>Card Slot</b></p> <p>Carefully cut a hole on to the top of a container (wide enough for the cards to fit through). Then add duct tape around the lid in order to create a firm hold.</p> <p>Dump out a set of playing cards and let your child figure out how to slide them into the card slot.</p> <p>This activity allows your child to be able to enhance hand and eye coordination and their fine motor skills.</p> 	<p><b>Letter Scavenger Hunt</b></p> <p>This activity is one of the most entertaining activities for a busy toddler at home.</p> <p>Dump alphabet toys into the bathtub and allow your toddler to explore in water. Name the letters and have your toddler look in the water for them.</p> <p>This will expand their letter recognition and will also help your child to relax and develop their fine motor skill as well. Also gives you the opportunity to bathe them without any fuss.</p> 	<p><b>Teddy Bear Song</b></p> <p>Pretending to be a teddy bear is a way for children to develop their creativity and learn to rhyme by moving their bodies.</p> <p>Follow along to the song and actions below!</p> <p><b>Song and Actions:</b></p> <p><i>Teddy Bear, Teddy Bear turn around</i> (children stand up and turn around in their place)</p> <p><i>Teddy Bear, Teddy Bear touch the ground</i> (children bend and touch the ground)</p> <p><i>Teddy Bear, Teddy Bear show your shoe</i> (children stand up and point toe out)</p> <p><i>Teddy Bear, Teddy Bear that will do</i> (children clap three times on 'that will do')</p> <p><i>Teddy Bear, Teddy Bear go upstairs</i> (children pretend to climb stairs)</p> <p><i>Teddy Bear, Teddy Bear brush your hair</i> (children pretend to brush their hair)</p> <p><i>Teddy Bear, Teddy Bear turn out the lights</i> (children pretend to pull on the light switch)</p> <p><i>Teddy Bear, Teddy Bear say good night!</i> (children lay down and pretend to sleep)</p>

While we make every effort to create safe and engaging activities for children, please be mindful of the type and size of materials you provide your child. Supervision is still required for all the activities and children should not be left unattended during these activities.



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April 13, 2020

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<p><b><i>Jump Up</i></b></p> <p>Place pieces of tape onto the floor, preferably green painter's tape. Encourage your child to jump over each piece of tape/line.</p> <p>This will support their gross motor skills and co-ordination. You can also try counting the lines your child jumps over and remember to join in the fun as well!</p> 	<p><b><i>Object Drop</i></b></p> <p>This is a great cause and effect activity for toddlers!</p> <p>Tape paper towel rolls, or toilet paper rolls to the wall a few inches away from each other. Using objects small enough to fit into the rolls.</p> <p>Drop those objects down the rolls and encourage your child to catch the items before they fall.</p> 	<p><b><i>Animal Tape Rescue</i></b></p> <p>Place your child's small animal (or car) toys onto the floor or tray and place strip of tape on top of each one (see picture below). This will create a challenging time for your child to problem solve and figure out how to take the tape off to release the toys.</p> <p>This activity supports their fine motor skills and attention.</p> 	<p><b><i>Name Basketball</i></b></p> <p>Using a laundry basket or boxes as the target point, place letters to spell your child's name on each box. Using a ball or soft item, call out each letter of your child's name and with assistance, have them throw their items into the basket.</p> <p>Ensure you place the baskets far enough from each other to encourage your toddler to move and be physical!</p> 	<p><b><i>Animal Obstacle Course</i></b></p> <p>Create an obstacle course using items you can find at home such as pillows, empty boxes, chair. Once finished, have your child complete the obstacle course by role playing different animals (e.g., walk like a chicken, hop like a kangaroo, waddle like a penguin, etc...)</p> <p>This will encourage gross motor development and will tire your toddler out just in time for nap time.</p> 

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