








# Activities for Preschool Children

April 20, 2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p style="text-align: center;"><b><i>Tape Lines</i></b></p> <p><u>Materials:</u></p> <ol style="list-style-type: none"> <li>1. Painters tape</li> <li>2. Marker</li> </ol> <p><u>Directions:</u></p> <p>Using the painters tape, create 5-10 lines taped to the floor and ensure each line is a foot apart. Label a "start" and "end" line. Ask you child to see how far they can jump, run, hop, reach or stretch and record each movement using the tape as a landmark. Children will have control of their movements with this activity and keep active.</p> 	<p style="text-align: center;"><b><i>Shape Art</i></b></p> <p><u>Materials:</u></p> <ol style="list-style-type: none"> <li>1. Household items that create shapes such as circles, triangles, rectangles and squares</li> <li>2. Glue</li> <li>3. Scissors</li> <li>4. Paper or Bristol board</li> </ol> <p><u>Directions:</u></p> <p>Assist your child in learning their shapes by tracing common household items. After you trace the objects, cut out each shape and paste them onto a sheet of paper or Bristol board creating a shape collage. For added fun, add pompoms, foam pieces, googly eyes and other collage pieces to decorate each shape.</p> 	<p style="text-align: center;"><b><i>Cheerios Tracing</i></b></p> <p><u>Materials:</u></p> <ol style="list-style-type: none"> <li>1. Paper</li> <li>2. Glue</li> <li>3. Cheerios (or other small cereal)</li> <li>4. Pen/Marker</li> </ol> <p><u>Directions:</u></p> <p>Write your child's name on the piece of paper in large lettering. Have your child glue on Cheerios to trace the letters of their name. This activity will assist with letter and name recognition skills</p> 	<p style="text-align: center;"><b><i>Texture Exploration</i></b></p> <p><u>Materials:</u></p> <ol style="list-style-type: none"> <li>1. Paper</li> <li>2. Glue/tape</li> <li>3. Old fabric pieces</li> </ol> <p><u>Directions:</u></p> <p>Children love sensory exploration. A great activity to get them exploring their sense of touch is texture exploration. Using different textured fabric items, cut each fabric into square pieces and paste them onto the piece of paper. Have your child explain what each texture feels like. This activity not only gets children exploring their senses but also building language skills.</p> 	<p style="text-align: center;"><b><i>Animal Shadow Tracing</i></b></p> <p><u>Materials:</u></p> <ol style="list-style-type: none"> <li>1. Toy Animals</li> <li>2. Paper</li> <li>3. Pencils</li> </ol> <p><u>Directions:</u></p> <p>Place the animal figure against the sun's rays and have your child trace the shadow of the figure onto the blank piece of paper. This activity will assist in fine motor and self regulation skills. For added fun, have your child decorate their shadow figures with markers, collage pieces or paint. Cut each shape out and encourage your child to pretend play with their creations.</p> 

*While we make every effort to create safe and engaging activities for children, please be mindful of the type and size of materials you provide your child. Supervision is still required for all the activities and children should not be left unattended during these activities.*