








MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p align="center"><b>Drop the ball</b></p> <p><b>Materials:</b> Paper towel roll or pipes, tape, ball</p> <p><b>Directions:</b> Using a paper towel roll, tape the roll against the wall at your child's eye level (low enough for those infants who crawl). Provide your infant with a ball or object small enough to fit through the hole of the roll. Model the activity for your child by dropping the object through the paper towel roll and clapping once it falls through the bottom!</p> 	<p align="center"><b>Mirror Challenge</b></p> <p><b>Materials:</b> Mirror</p> <p><b>Directions:</b> Hold your infant in front of a mirror and point out parts of their body. This is a fun and simple way to have your child looking at themselves to distinguish parts of their body. Start to create funny faces and movements and encourage your infant to mimic your movements while looking at the mirror. For added fun, use a scarf to surprise your infant with new facial movement.</p> 	<p align="center"><b>Stack and Fall</b></p> <p><b>Materials:</b> Plastic/Paper cups or stacking toys</p> <p><b>Directions:</b> Take turns stacking plastic cups or soft object and knock them down using your child's favourite toy. Ensure when you are stacking the objects and knocking them down you are describing what is happening (i.e blocks go up, then they fall down) For older infant, encourage them to stack the objects back once they are knocked down. This activity is a great cause and effect game.</p> 	<p align="center"><b>No Paint Painting</b></p> <p><b>Materials:</b> Ice cube tray, liquid food (yogurt, juice, pureed fruits and vegetables), sticks or plastic spoons.</p> <p><b>Directions:</b> In preparation for this activity, freeze different items such as yogurt, juice or coloured water to an ice tray. Once frozen, encourage your infant to touch the cubes and paint with them. Ensure you name all the colours or items as your child paints with the ice cubes.</p> 	<p align="center"><b>Toy Scavenger Hunt</b></p> <p><b>Materials:</b> Tape, favourite toys</p> <p><b>Directions:</b> Tape your infant's favourite toys around your home (some taped high, some lower) and encourage your infant to peel the tape off to release their toy.</p> 

*While we make every effort to create safe and engaging activities for children, please be mindful of the type and size of materials you provide your child. Supervision is still required for all the activities and children should not be left unattended during these activities.*