



Activities for Toddler Children

March 30, 2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Sensory Play with Scooping and Pouring</p> <p>Materials: rice, dry beans, or water, bowls of different sizes, measuring cups/spoons</p> <p>Learning Experience: Together with your child explore the materials by scooping and pouring the materials into bowls.</p> <p>Use words like "scoop" and "pour", and remember to describe what it feels like.</p> 	<p>Living Room Roadmap</p> <p>Materials: tape, markers and cars</p> <p>Learning Experience: Socialization Use the tape to create a road map with your child. Be as creative as you want, then drive the cars on the road. Pretend to visit family members or your community (park, stores, schools). Encourage turn taking!!</p> <p>Try to use words like "my turn" or "your turn" when switching cars.</p> 	<p>Indoor Teddy Bear Picnic</p> <p>Materials: blanket, plastic or toy plates and cups, pretend food, and stuffed animals</p> <p>Learning Experience: Imagination and Creativity Lay the blanket on the floor, and have your little one help you set a plate and cup for each of you and each stuffed animal.</p> <p>Pretend to eat the food and talk to your child and stuffed animals, also pretend to feed the stuffed animals.</p> <p>Enjoy your picnic together.</p> 	<p>Loose Parts Shakers</p> <p>Materials: bottle caps, marbles, rocks, and any other small loose parts you may find, water bottles, tape.</p> <p>Learning experience: Vocabulary Children can put the loose materials in the bottles, and parents can secure the bottle. You can hear the sounds it makes. Shake quickly, softly, slowly.</p> <p>Shake up, down, left, right.</p> <p>Dance and make it fun!!</p> 	<p>Homemade Blocks</p> <p>Materials: boxes, shoe boxes, cereal boxes. You can decorate the boxes by colouring them, or using wrapping paper, tin foil, newspapers.</p> <p>Learning experience: Understanding Directions Children can build structures. Describe how you and your child are building. Talk about size, colour and shapes. Ask your child to place objects in various directions (over, under, behind).</p> <p>Use some bigger boxes to encourage imagination and pretend play.</p> 
<p>Plastic Cup Challenge</p> <p>Use a variety of plastic cups and encourage your child to stack as high as possible or as long as a train.</p> 	<p>Toddler Forts</p> <p>Place a large blanket over your kitchen table or coffee table, add pillows and watch your toddler play hide and seek or pretend with their toys.</p> 			

While we make every effort to create safe and engaging activities for children, please be mindful of the type and size of materials you provide your child.

Supervision is still required for all the activities and children should not be left unattended during these activities.