




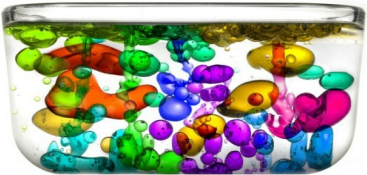





Activities for Preschool Children

March 30, 2020







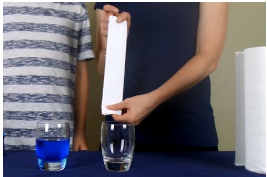

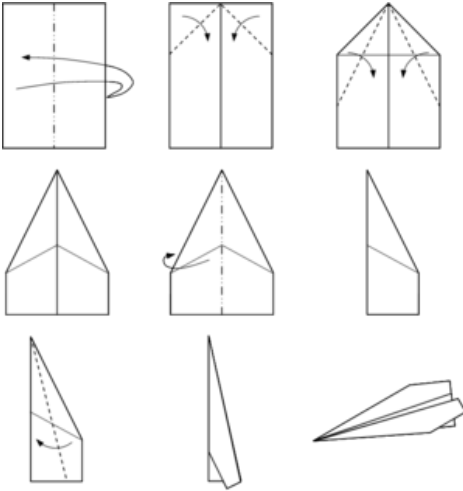
| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|---|--|--|--|
| <p>Natural Elements:</p> <p>You can have your preschooler make small letters out of twigs. You write the letters on any paper and give your child small twigs to trace the written letters. If you want to make it more permanent you can have your child glue the twigs together and they can be displayed in your home.</p> <p>This is a great way for your child to learn letter recognition.</p>   | <p>Butterflies:</p> <p>Using coffee filters, markers, and either clothes peg or pipe cleaners (if you have them), colour the coffee filters to create a pattern for the wings. Then cinch the coffee filter on sides and pull to the middle using your index finger and thumb to create the butterfly.</p> <p>This is what it could look like:</p>  | <p>Making Potions:</p> <p>You will need the following materials: water, food dye, spoons, and bowls that can have residual dye such as recycled yogurt containers. Cover the table with a plastic cloth or do this in a sink that your child can access (for ease of cleaning). Fill the bowl bottom with water, leaving ample space for the dye to be added and leave less mess as some splashing over the bowl during mixing may occur. Let your child add the dye and mix away. You can try this with baking soda and vinegar.</p> <p>What happens? How is it different from water and food dye?</p>  | <p>Science: Mixing oil and water to describe what happened.</p> <p>Using a clear bottle (to observe the interaction) add water filling half of the bottle. Then add a couple drops of oil (to your liking) and have your child describe what they see.</p> <p>You can also add food colouring to your oil to see how it changes the experiment.</p>   | <p>No bake Chocolate Chip Oatmeal Bites</p>  <p><small>Chocolate Chip Oatmeal Bites gluten-free, vegan Yields: 16 balls</small></p> <p>What you will need: Large bowl, spatula or spoon, measuring cups, cookie sheets to fit 16 bites, fridge or freezer</p> <p>Ingredients: 1 cup of rolled oats, ½ a cup of unsweetened, shredded coconut (optional), ¼ cup of chocolate chips (any type you wish to use) 2/3 of a cup of pureed/ well mashed banana (no nut butter or any type nut butter can also be used)</p> <p>Directions: Place all ingredients in the large bowl and mix well with the spoon or spatula, making sure the banana is coating all of the ingredients. Then using your hands, firm up into 1inch balls. Place each ball onto the cookie sheet. Place in the fridge for 1 hour to set or freezer for 20 to 30 minutes. ENJOY!!</p> |

While we make every effort to create safe and engaging activities for children, please be mindful of the type and size of materials you provide your child. Supervision is still required for all the activities and children should not be left unattended during these activities.



Activities for Preschool Children

March 30, 2020

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|--|---|--|
| <p>Loose Parts:</p> <p>Creating 3D sculptures using sticks and other outdoor elements and materials. Give your child a variety of natural elements to see what they come up with!</p>      | <p>Sink or Float??</p> <p>Taking items from around the house have your child predict whether the item will sink or float in water. You can use the kitchen sink or a basin if you have one, fill half way with water and have your child predict if the item will sink or float before putting into the water.</p>  | <p>Walking Water:</p> <p>Supplies: Two glasses of equal height, water, food colouring (optional), paper towel.</p> <p>Directions:</p> <ol style="list-style-type: none"> 1) Position your two empty glasses about 2 inches apart. Pour water into one of the glasses until it is halfway full. 2) Add a few drops of food coloring into the water. Then stir the food coloring until the water is all one color. 3) Grab a strip of paper towel that is about 1 to 2 inches wide. 4) Place one end of the paper towel into the glass with the water. Then place the other end into the glass that is empty. Then leave the glasses sit and come back to check on them in about an hour. 5) Return to the glasses and observe what has happened. The longer you wait to check on the glasses will result in more of the water moving over to the other glass. The water will stop moving over until the cups are both filled with the same amount of water.  | <p>Crayon Pucks: Up-cycle your broken crayons into MINI-MUFFIN SIZED CRAYONS.</p> <p>Supplies: Mini-muffin/ muffin pan, as many broken crayons as you can find, oven mitt, refrigerator (to cool melted crayons after "baking"), dish towel</p> <p>Directions:</p> <ol style="list-style-type: none"> 1) Preheat oven to 275 degrees 2) Remove paper from the crayons. Arrange the broken crayons in the muffin pan. 3) Place the muffin tin in the oven. The crayons should be melted in about 10-13 minutes. Only an adult should remove the melted crayons from the oven! 4) Carefully place the hot muffin tin on a heat resistant surface and let cool for about 25 minutes. Then place tin in your refrigerator or freezer for about 5-10 minutes. 5) Invert the muffin tin onto a dish towel covered surface and the chilled muffin sized crayons should fall right out.  | <p>Paper Airplane: creating and decorating with markers or crayons. First, decorate by drawing a picture on a plain paper 8 by 12 inches in size.</p> <p>Then fold the paper to create an airplane.</p>  <p>Then, in a safe area, fly them around and do a science experiment, see which one flew a greater distance.</p> |

While we make every effort to create safe and engaging activities for children, please be mindful of the type and size of materials you provide your child
Supervision is still required for all the activities and children should not be left unattended during these activities.