

Dear Preschool Families,

Macaulay thrives to support our families and work together to ensure the safety and well-being of the children even during this closure period. We understand that this unexpected event has affected families in many ways and we want to ensure that we are here for you and your children.

We have prepared learning experiences (find attached) that preschool children can engage in during this time.






We also would like to kindly remind parents/guardians to encourage our preschool children to maintain a daily schedule. This can be done by following a flexible daily schedule with your child including wake up time, breakfast time, free play, outdoor play, lunch time, learning experiences, school work, afternoon snack, limited screen time, fun activities, practice reading/quiet activities, and sleep time. Following a schedule that maintains your child's health and well-being as well as a smoother transition back to child care.

Macaulay thanks all parents/guardians for their patience and cooperation during this period.

Stay safe and take care,

Macaulay Child Care Centre Staff

Preschool Learning Experiences

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|---|--|--|--|
| <p>Matching Alphabet</p> <p>Materials: Baking tray, Marker, Paper cut out letters or Magnetic alphabet letters.</p> | <p>Finger Painting</p> <p>Materials: Large plain paper, different coloured paint</p> | <p>Fun Making playdough</p> <p>Materials: Flour, salt, oil, food colour, water, bowl and cream of tartar (optional) (Playdough recipe provided below)</p> | <p>Measuring Weight</p> <p>Materials: (For scale) A piece of cardboard box, paper towel tube. Different things to measure weight</p> | <p>Hidden Number</p> <p>Materials: Paper, Marker, Thread, household items.</p> |
| <p>Letter Recognition</p> <p>Encourage your child to identify and pronounce the sound the letters make. They can match the letters to a tray which has a traced alphabet on it or find the letters in their name.</p> | <p>Sensory Exploration</p> <p>This activity allows children to explore their sense of touch by putting the paint on their fingers and applying on the paper. Children can explore making lines, following a pattern with paint colours or painting what they like.</p> | <p>Increasing Vocabulary</p> <p>Encourage your child to describe what they are feeling or doing as they observe and explain the transformation of the ingredients to make the playdough. You can add new words like stretch, pinch, mixing, kneading.</p> | <p>Measuring Weight</p> <p>Build a homemade scale with your child to weigh different objects. Use words like heavier, lighter to introduce the vocabulary of measurement.</p> | <p>Number Recognition</p> <p>Encourage your child to identify the numbers by cutting the thread and tracing it on the number printed paper. You can also add buttons or lids to help your child learn "How Many" by matching the number of objects to the written number.</p> |
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Playdough Recipe

Materials

- 1 cup water luke warm water
- 1 tablespoon vegetable oil
- 1/2 cup salt
- 1 tablespoon cream of tartar (optional)
- Food coloring
- Mixing bowl
- 1 cup flour

Directions

1. Mix all ingredients except the boiling water together into a large mixing bowl
2. Add the lukewarm water and mix well (Note, the food colouring will mix in better if added to the boiling water) Please take care when using boiling water around children.
3. Stir well until the mixture is well combined
4. Roll it out on a flat surface and you are ready for some playdough FUN!

Preschool Home Activities

Monday

Write out your child's name on a card and encourage him/her to find the letters on a cereal box or grocery flyer.

Take turns and follow the leader doing actions. Jump like a kangaroo, crawl like a cat.

Friday

Use grocery flyers and have your child cut out their own grocery list or favourite food.

Turn on some music and have a dance party. Freeze to an animal pose.

Tuesday

Use homemade playdough with buttons, twigs, bottle lids and ask your child to create a playdough monster to have an adventure.

Wednesday

"I Spy Shapes"
Be shape detectives and take turns giving out clues so your child can guess the shape. This can take place indoors or outdoors.

Use blankets and empty bins to build a fort. Pretend to be pirates, astronaut's.

Thursday

"Measure Me"
Use various types of objects, such as water bottle lids, blocks or toys to measure hands feet, or your height.

Fill a bin with water and various sized containers. Children love to pour and scoop to compare how much water will fit.